

# First Aid & Health Kit Contents List

## Red Backpack Contents:

- ✓ Assorted Sizes of Adhesive Bandages in a Ziplock bag
- ✓ 1 CPR Mouth Shield – Readily Accessible
- ✓ 1 Disposable Ice Pack
- ✓ 1 Spill Kit
- ✓ Medications – If Applicable

## **Placement:**

- ✓ One for each Class, out of reach of children

## First Aid Kit Contents (First Aid Kit Box Included):

- ✓ 1 First Aid Handbook
- ✓ 1 Biohazard Bag
- ✓ 10 Band-Aids – Finger Size
- ✓ 1 Pack of Adhesive Tape – ½” Width
- ✓ 10 Sterile Gauze Pads – 4x4
- ✓ 2 Stretch Gauze Bandages – 4” width
- ✓ 1 Triangular Bandage
- ✓ 4 Disposable Gloves in Ziplock bag
- ✓ 1 Instant Cold Pack
- ✓ 1 Medical Scissors

## **Placement:**

- ✓ Minimum one per building, must be easily accessible to all staff.

## Vomit Kit Contents:

- ✓ 1 Ziplock Storage Bag (Gallon Size)
- ✓ 4 Disposable Gloves
- ✓ 2 Face Masks
- ✓ 1 Bag of Vomit Absorbent
- ✓ 1 Scoop and Scraper

## **Placement:**

- ✓ 1 in Each Classroom
- ✓ 1 in Each Bathroom
- ✓ 1 in the Parent Room

## Spill Kit Contents:

- ✓ 1 Ziplock Storage Bag
- ✓ 4 Disposable Gloves
- ✓ Bandages: 2 Large, 2 Finger Size
- ✓ 1 Stack of 4x4 Gauze Pads
- ✓ 1 Small Size Diaper

## **Placement:**

- ✓ 2 in Each Classroom in Easily Accessible Places
- ✓ 1 in the Diapering Area
- ✓ 1 in the Red Backpack
- ✓ 1 in the Kitchen Near the Hand Wash Sink
- ✓ 1 in Each Adult Bathroom
- ✓ 1 in Each Staff Office Area
- ✓ 1 in the parent room